



UNIVERSITÀ DEGLI STUDI DI MILANO



I.R.C.C.S.  
POLICLINICO SAN DONATO

### **President**

Maurizio Vecchi

*Università degli Studi di Milano*

*IRCCS Policlinico San Donato*

*San Donato Milanese*

### **Scientific Secretariat**

Luca Pastorelli, Luisa Spina,

Gian Eugenio Tontini, Flaminia  
Cavallaro

*Università degli Studi di Milano*

*IRCCS Policlinico San Donato*

*San Donato Milanese*

The optimization of IBD  
management: where we  
are and where we go



*Preliminary Program*

**Milan**, September 26<sup>th</sup> – 27<sup>th</sup>, 2014  
**Aula Magna – University of Milan**

## INTRODUCTION

Diagnosis and treatment of IBD are always evolving due to the development and diffusion of new diagnostic technologies and therapeutic modalities. These progresses have undoubtedly improved the management of IBD patients; however, they request a deep knowledge of the diseases, of the new techniques and of innovative therapies. Furthermore, IBD must be considered nowadays as systemic diseases because of the frequent involvement of extra intestinal organs. The complexity of the diseases and the continuous evolution of knowledge determine the need of continuing education and peer-comparison for doctors involved in the management of IBD. This meeting is aimed at addressing these needs, by focusing on IBD patient as a whole and on all the new therapeutic developments.

La diagnosi e la cura delle malattie infiammatorie croniche intestinali sono campi in perenne divenire per i continui progressi registrati con lo sviluppo e la diffusione di nuove apparecchiature e tecnologie diagnostiche che di nuove modalità terapeutiche. Se da una parte questi progressi hanno sicuramente permesso di migliorare la gestione diagnostica e terapeutica dei pazienti con MICI, dall'altra richiedono una sempre più approfondita conoscenza delle malattie, e dei pregi e dei limiti delle metodiche diagnostiche e terapeutiche. Le MICI inoltre si devono sempre più considerare come malattie sistemiche a tutto tondo poiché esse spesso coinvolgono, in maniera diretta o indiretta, molti organi anche al di fuori dell'apparato digerente. Da queste molteplici complessità e da queste continue evoluzioni nasce il bisogno, per i medici coinvolti nel trattamento di queste malattie, di un sempre costante aggiornamento e di un continuo confronto con i colleghi in modo da poter condividere linee guida comuni di gestione dei pazienti. Questo meeting cerca di dare risposta a questi bisogni, mettendo a fuoco argomenti di grande attualità e trattando del paziente nel suo insieme e dei progressi terapeutici che si affacciano all'orizzonte.

**Prof. Maurizio Vecchi**

*Università degli Studi di Milano*

*IRCCS Policlinico San Donato*

*San Donato Milanese*



## FACULTY

Mathieu Allez, *Paris, France*  
Vito Annese, *Florence*  
Sandro Ardizzone, *Milan*  
Alessandro Armuzzi, *Milan*  
Livia Biancone, *Rome*  
Monica Boirivant, *Rome*  
Riccardo Caccialanza, *Pavia*  
Massimo Campieri, *Bologna*  
Flavio Caprioli, *Milan*  
Fabiana Castiglione, *Naples*  
Stephen Collins, *Hamilton, Canada*  
Michele Comberlato, *Bolzano*  
Fabio Cominelli, *Cleveland, USA*  
Ettore Contessini Avesani, *Milan*  
Enrico Corazziari, *Rome*  
Mario Cottone, *Palermo*  
Salvatore Cucchiara, *Rome*  
Piergiorgio Danelli, *Milan*  
Silvio Danese, *Milan*  
Marco Daperno, *Turin*  
Roberto de Franchis, *Milan*  
Renata D'Incà, *Padua*  
Antonio Di Sabatino, *Pavia*  
Massimo Fontana, *Milan*  
Antonio Gasbarrini, *Rome*  
Paolo Gionchetti, *Bologna*  
Marco Greco, *Milan*  
Anna Kohn, *Rome*  
Salvatore Leone, *Palermo*

Paolo Lionetti, *Florence*  
Thomas T. MacDonald, *London, UK*  
Gianmichele Meucci, *Milan*  
Giovanni Monteleone, *Rome*  
Helmut Neumann, *Erlangen, Germany*  
Markus Neurath, *Erlangen, Germany*  
Ambrogio Orlando, *Palermo*  
Francesco Pallone, *Rome*  
Julian Panes, *Barcelona, Spain*  
Claudio Papi, *Rome*  
Luca Pastorelli, *Milan*  
Theresa T. Pizarro, *Cleveland, USA*  
Gilberto Poggioli, *Bologna*  
Franco Radaelli, *Como*  
Gabriele Riegler, *Naples*  
Fernando Rizzello, *Bologna*  
Claudio Romano, *Messina*  
Simone Saibeni, *Milan*  
Gianluca Sampietro, *Milan*  
Vincenzo Savarino, *Genoa*  
Maria Lia Scribano, *Rome*  
Francesco Selvaggi, *Naples*  
Gaspere Solina, *Palermo*  
Luisa Spina, *Milan*  
Giacomo Carlo Sturniolo, *Padua*  
Gian Eugenio Tontini, *Milan*  
Maurizio Vecchi, *Milan*  
Vincenzo Villanacci, *Brescia*  
Giorgio Zoli, *Ferrara*



Friday, September, 26<sup>th</sup> 2014

**09:15** Participants registration

**09:45** Welcome and Introduction  
*M. Vecchi*

**10:00 - 12:00**

**SESSION I: CURRENT TOPICS IN DIAGNOSIS**

Chairpersons: *R. de Franchis, E. Corazziari*

**10.00** LECTURE

Small bowel imaging: the gastroenterologist's point of view  
*J. Panes*

**10.30** An effective and tolerated colonoscopy in IBD: cleansing and sedation  
*F. Radaelli*

**10.50** Current diagnostic and prognostic endoscopic scores: the results of education  
*M. Daperno*

**11.10** LECTURE

The future of endoscopy in the management of IBD: from chromo to immune-endoscopy  
*M. Neurath*

**11.40** DISCUSSION

Discussants: *C. Romano, G.E. Tontini, V. Villanacci*



Friday, September, 26<sup>th</sup> 2014

**12:00 - 13:30**

**SESSION II: IBD PATIENT AS A “GLOBAL” PATIENT - A**

Chairpersons: *A. Kohn, P. Gionchetti*

**12.00** The burden of anemia and iron deficiency in patients with IBD

*A. Di Sabatino*

**12.15** The management of iron and vitamin deficiencies: old thoughts and new opportunities

*M. Vecchi*

**12.30** Thrombosis: the size of the problem and the evaluation of the risk

*S. Saibeni*

**12.50** How to prevent and treat thrombosis in IBD

*L. Spina*

**13.10** DISCUSSION

Discussants: *P. Lionetti, G. Meucci, C. Papi*

**13.30** LUNCH



Friday, September, 26<sup>th</sup> 2014

**14:30 - 16:40**

**SESSION II: IBD PATIENT AS A “GLOBAL” PATIENT - B**

Chairpersons: *V. Savarino, F. Castiglione*

**14.30** How can we control nutrition and keep it well?

*R. Caccialanza*

**14.50** Early detection of colorectal cancer/dysplasia: surveillance or targeted histology?

*H. Neumann*

**15.10** The prevention of dysplasia: 5-ASA chemoprophylaxis, deep control of inflammation and other strategies

*L. Biancone*

**15.30** LECTURE

Is the brain of our patients important in their management?

Pros and Cons from basic and clinical research

*S. Collins*

**16.00** Management of the “global” patient: the point of view of the patient

*M. Greco, S. Leone*

**16.20** DISCUSSION

Discussants: *G. Riegler, C. Romano, G. Zoli*



Friday, September, 26<sup>th</sup> 2014

**16.40** COFFEE BREAK

**17:00 - 18:50**

**SESSION III: THERAPY - A**

Chairpersons: *M. Campieri, S. Cucchiara*

**17.00** Optimal management of mild-moderate ulcerative colitis  
*P. Gionchetti*

**17.20** Optimal management of mild-moderate luminal Crohn's disease  
*C. Papi*

**17.40** The role of other therapies: Apheresis et al  
*R. D'Incà*

**18.00** LECTURE

The aggressive disease: how to recognize it early in order to beat it soon  
*M. Allez*

**18.30** DISCUSSION

Discussants: *M. Comberlato, M. Fontana, M.L. Scribano*

**18.50** END OF THE DAY



**Saturday, September, 27<sup>th</sup> 2014**

**08:20 - 09:20**

**SESSION IV: OPTIMIZATION OF SURGERY**

Chairpersons: *E. Contessini Avesani, G. Poggioli*

**08.20** The optimal surgery of UC  
*P.G. Danelli*

**08.40** The optimal surgery of CD  
*G. Sampietro*

**09.00** DISCUSSION

Discussants: *F. Selvaggi, G. Solina*

**09:20 - 11:00**

**SESSION V: THERAPY 2**

Chairpersons: *M.Cottone, F. Rizzello*

**09.20** Optimization of biologic therapy in ulcerative colitis  
*A. Armuzzi*

**09.40** Optimization of biologic therapy in Crohn's disease  
*A. Orlando*

**10.00** Why, when and how to stop them  
*S. Ardizzone*





**Saturday, September, 27<sup>th</sup> 2014**

**10.20 LECTURE**

Mechanisms of loss of response  
*T.T. MacDonald*

**10.50 DISCUSSION**

Discussants: *F. Castiglione, M. Daperno, P. Lionetti*

**11.10 COFFEE BREAK**

**11:30 - 12:50**

**SESSION VI: A LOOK INTO “DIFFERENT” PATHOGENETIC MECHANISMS: SUGGESTIONS FROM BASIC SCIENCE FOR POSSIBLE THERAPEUTIC STRATEGIES**

Chairpersons: *F. Pallone, M. Boirivant*

**11.30 LECTURE**

Does inflammation know where to go? The importance of trafficking in IBD  
*F. Cominelli*

**12.00 LECTURE**

Keeping the bad guys out ... the epithelial barrier and intestinal homeostasis  
*T.T. Pizarro*

**12.30 DISCUSSION**

Discussants: *F. Caprioli, G. Monteleone, L. Pastorelli*



**Saturday, September, 27<sup>th</sup> 2014**

**12:50 - 14:20**

**SESSION VII: WHAT'S NEXT? INSTRUCTIONS FOR USE**

Chairpersons: *G.C. Sturniolo, A. Orlando*

**12.50** Vedolizumab  
*S. Danese*

**13.00** Golimumab  
*M. Allez*

**13.10** Biosimilars  
*V. Annese*

**13.20** New Probiotics  
*A. Gasbarrini*

**13.30** Anti-SMAD7  
*G. Monteleone*

**13.40** Tofacitinib  
*M. Cottone*

**13.50** DISCUSSION  
Discussants: *S. Cucchiara, A. Kohn, G. Meucci*

**14.10** Final remarks  
*M. Vecchi*

**14.20** *FAREWELL LIGHT LUNCH*

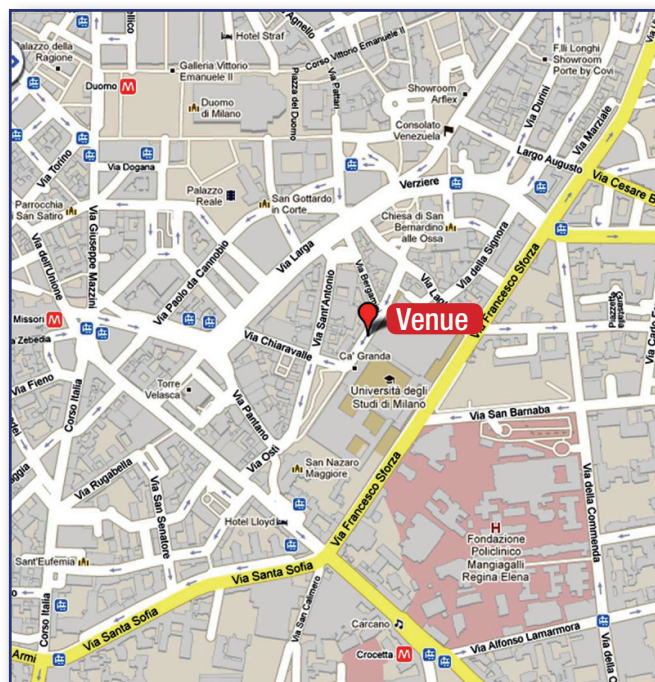


## General Information

### Congress Venue

Aula Magna – University of Milan  
Via Festa del Perdono, 7 - Milan

### How to reach the Congress Venue



By underground: yellow line M3 (stop Missori), red line M1 (stop Duomo)

By bus: 54, 60, 77, 94

By tram: 3, 12, 23, 24



## General Information

### Language

The official language of the Congress are Italian and English. No simultaneous translation will be provided.

### Registration fees

Medical Doctor (Member AIGO, SIED, SIGE, IG-IBD): € 170,00 + IVA 22%  
Medical Doctor (Non Member AIGO, SIED, SIGE, IG-IBD): € 240,00 + IVA 22%

### Registration fee includes

- Participation in all scientific sessions
- Congress kit
- Entrance to the exhibition area
- Coffee breaks and lunches
- CME credits
- Attendance certificate
- Social dinner

### Hotel Accommodation

For further information, please contact the Organizing Secretariat.

### CME Credits

CME accreditation will be submitted for Medical Doctor (Internal Medicine, General Surgery, Gastroenterology).

### Organizing Secretariat

Endogroup International S.r.l.

Via Pian d'Erba, 5

22036 Erba (Como) ITALY

Tel. +39 031 646141 • Fax +39 031 646731

info@endogroupinternational.com

